



Because your...



Family Matters

COURSE OVERVIEW

Week 1// January 17: Sure Foundation part 1

Week 2// January 24: Sure Foundation part 2

**Week 3// January 31: How to deal with & guard
against sexual sin
(Special Guests: BeBroken.org)**

Week 4// February 7: Marriage Myths & Truths

**Week 5// February 14: Communication & Conflict
Resolution**

Week 6// February 21: Roles in Marriage

Week 7// February 28: Forgiveness & Reconciliation

**Week 8// March 6: Dealing with Divorce/ Blended
Families**

Week 9// March 13: Spring Break (no class)

Week 10// March 20: Marriage Affirmation/Wrap Up

COURSE OVERVIEW

Week 11// March 27: Finances

Week 12// April 3: Time Management/ Busyness

Week 13// April 10: Who am I as a Parent?

Week 14// April 17: Who are my children?

Week 15// April 24: How do I protect my children?

**Week 16// May 1: What is the greatest thing I can
give my children?
(Special Guest: [Randy Frazee](#))**

Week 17// May 8: Parenting Affirmation & Wrap Up

Week 1: Sure Foundation (part 1)

UNDER PRESSURE

WE ALL KNOW THE VOCABULARY OF “HUMAN DEFICIT”

stressed out // burned out // overwhelmed // depressed // low self-esteem...

WE ALL FEEL THE EFFECTS OF A STRESSED-OUT WORLD

Stress can come from one (or more) of three basic categories:

- 1) Absence of settled _____
- 2) Absence of stable _____
- 3) Absence of established _____

THE ROOTS OF OUR _____ PRODUCE THE FRUIT OF OUR _____

John 14:1-3

1 Let not your hearts be troubled. Believe in God; believe also in me. 2 In my Father's house are many rooms. If it were not so, would I have told you that I go to prepare a place for you? 3 And if I go and prepare a place for you, I will come again and will take you to myself, that where I am you may be also.

4 GOSPEL FORMING QUESTIONS

- 1) **Who is God?**
- 2) **What has God done?**
- 3) **Who am I in light of God's work?**
- 4) **How should I live in light of who I am?**

WHO IS GOD?

Isaiah 40:28-29

28 Have you not known? Have you not heard?
The Lord is the everlasting God,
the Creator of the ends of the earth.
He does not faint or grow weary;
his understanding is unsearchable.
29 He gives power to the faint,
and to him who has no might he increases strength

Romans 1:18-20

18 For the wrath of God is revealed from heaven against all ungodliness and unrighteousness of men, who by their unrighteousness suppress the truth. 19 For what can be known about God is plain to them, because God has shown it to them. 20 For His invisible attributes, namely, His eternal power and divine nature, have been clearly perceived, ever since the creation of the world, in the things that have been made. So they are without excuse.

John 1:1-5

1 In the beginning was the Word, and the Word was with God, and the Word was God. 2 He was in the beginning with God. 3 All things were made through him, and without him was not any thing made that was made. 4 In him was life, and the life was the light of men. 5 The light shines in the darkness, and the darkness has not overcome it.

Colossians 1:15-19

15 He is the image of the invisible God, the firstborn of all creation. 16 For by him all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or rulers or authorities—all things were created through him and for him. 17 And he is before all things, and in him all things hold together. 18 And he is the head of the body, the church. He is the beginning, the firstborn from the dead, that in everything he might be preeminent. 19 For in him all the fullness of God was pleased to dwell,

WHAT HAS GOD DONE?

1 Corinthians 15:3-4

3 For I delivered to you as of first importance what I also received: that Christ died for our sins in accordance with the Scriptures, 4 that he was buried, that he was raised on the third day in accordance with the Scriptures,

Colossians 1:20-23

20 and through him to reconcile to himself all things, whether on earth or in heaven, making peace by the blood of his cross. 21 And you, who once were alienated and hostile in mind, doing evil deeds, 22 he has now reconciled in his body of flesh by his death, in order to present you holy and blameless and above reproach before him, 23 if indeed you continue in the faith, stable and steadfast, not shifting from the hope of the gospel that you heard, which has been proclaimed in all creation under heaven, and of which I, Paul, became a minister.

Ephesians 1:3-14

3 Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, 4 even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. In love 5 he predestined us for adoption to himself as sons through Jesus Christ, according to the purpose of his will, 6 to the praise of his glorious grace, with which he has blessed us in the Beloved. 7 In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace, 8 which he lavished upon us, in all wisdom and insight 9 making known to us the mystery of his will, according to his purpose, which he set forth in Christ 10 as a plan for the fullness of time, to unite all things in him, things in heaven and things on earth. 11 In him we have obtained an inheritance, having been predestined according to the purpose of him who works all things according to the counsel of his will, 12 so that we who were the first to hope in Christ might be to the praise of his glory. 13 In him you also, when you heard the word of truth, the gospel of your salvation, and believed in him, were sealed with the promised Holy Spirit, 14 who is the guarantee of our inheritance until we acquire possession of it, to the praise of his glory.

God is great

Take time around your table to discuss ways that you have seen the greatness of God around you and in your own life. Feel free to write some of them down in the space below.

God is glorious

Take time around your table to discuss ways that you have seen the glory of God around you and in your own life. Feel free to write some of them down in the space below.

God is good

Take time around your table to discuss ways that you have seen the goodness of God around you and in your own life. Feel free to write some of them down in the space below.

God is gracious

Take time around your table to discuss ways that you have seen the grace of God around you and in your own life. Feel free to write some of them down in the space below.

THE ROOTS OF OUR FAITH PRODUCE THE FRUIT OF OUR LIFE

WHEN WE FORGET:

GOD IS GREAT, we can be obsessed with

having to be in

GOD IS GLORIOUS, we can become paralyzed by

the

GOD IS GOOD, we are tempted to look to

other things to

GOD IS GRACIOUS, we can slip into attempts at

works-based

BELIEF IN THE GOSPEL IS AN ONGOING EXPRESSION OF OUR ONGOING NEED FOR JESUS

Take time around your table to discuss the things that were talked about in this session.

1) Do you feel the weight of living in a stressed-out culture? How do you see the results of that reality creeping into your life, your marriage, or your family?

2) How do you see the truth of the gospel (who God is and what God has done) providing the needed foundation on which to build a life and a family?

3) In our discussion, we talked through examples of what can happen in our lives when we forget that God is GREAT, GLORIOUS, GOOD, & GRACIOUS. What other pitfalls might you encounter in your life and relationships when you forget these truths about God?

4) Now, from the positive approach... How might things change in your life and relationships if you were to remember that God is GREAT, GLORIOUS, GOOD, & GRACIOUS?
