

## Week 14: How Do I Keep My Kids Safe?

### Understanding “GenZ” or “iGen”

#### Who Are They?

- Born between 1995-2012
- 74 million Americans (24% of the American population)
- The most diverse generation in American history
- Most digitally connected/smart-phone-addicted generation
- Have no “pre-Internet” memories
- Characterized by delayed adulthood and prolonged adolescence

**Research Study:** *“iGen: Why Today’s Super-Connected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy- and Completely Unprepared for Adulthood”* by Jean Twenge

#### 5 Marks of GenZ

- 1) **They are smartphone natives**- get their first smartphone at 10
- 2) **They are always online**- spend less time working jobs, volunteering, and engaged in student activities.
- 3) **They are secularizing**- 1 in 4 don’t attend religious services or practice any form of private spirituality
- 4) **They perceive one another through fractured bits**- Wired to understand people based on social media data they piece together
- 5) **They are “woke”**- more pessimistic, more sensitive to social tension, more compelled to protect anyone they believe to be vulnerable

#### Challenges for GenZ

- Depression on the rise (21% in boys // 50% in girls)
- Suicide rates are on the rise
- An optimistic, self-confident online facade covers up deep vulnerability
- Technology buffers and brokers their relationships
- Technology feeds their loneliness
- Technology feeds toxic comparison that makes their lives feel hollow

### 3 Profound Effects of Media Technologies

**1) STRUCTURE OF OUR INTERESTS**

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**2) HOW WE INTERPRET AND COMMUNICATE INFORMATION**

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**3) THE NATURE OF COMMUNITY**

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# TIPS FOR PARENTING TECHNOLOGY-SATURATED KIDS

**1) Delay social media as long as possible**

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**2) Delay smartphones as long as possible**

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**3) Inside the home... take control of the wifi**

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**4) Outside the home... connect without smartphones**

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**5) Stairstep technology over the years**

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**6) Keep screens out of bedrooms**

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**7) Write a smartphone contract**

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**8) Watch how each child responds to the digital age**

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**9) Re-center parenting by understanding the power of affections**

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**10) Take up digital discipleship**

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**11) As a family, redeem dinners, car rides, and vacations**

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**12) Keep building the church**

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# GOSPEL UNDERSTANDING

Understand the principle of **Romans 12:1-2**

## FOOLISHNESS PRINCIPLE

*The foolishness inside your children is more dangerous to them than the temptation outside of them. Only God's grace has the power to rescue fools.*

Understand the principle of **Proverbs 4:23**

Understand the principle of **Psalms 53:1-3**

### How do you parent a fool?

**1) Glory**

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**2) Wisdom**

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**3) Story**

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**4) Welcome**

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## FALSE GODS PRINCIPLE

*You are parenting a worshiper, so it's important to remember that what rules your child's heart will control his or her behavior.*

Understand the principle of **Deuteronomy 6:5**

Understand the principle of **Deuteronomy 11:16**

Understand the principle of **1 Samuel 12:21**

Understand the principle of **Psalms 115:4-8**

Understand the principle of **1 John 2:15, 17**

### How do you parent a worshiper?

**1) Remember, the capacity of the heart of your children to worship is meant to drive them to God.**

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**2) Remember, the capacity of your children to worship is the most important biblical insight for you as a parent.**

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**3) Remember, since your children are worshipers, you must be committed to being instruments of seeing in their lives.**

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**4) Remember, since your children are worshipers, a vital skill for you is to learn how to lead them to confession.**

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# PARENTAL CONTROL SOFTWARE IDEAS

2		<p><b>bark</b> - Smart parental controls to keep kids safe online <a href="#">Read Review</a></p> <ul style="list-style-type: none"><li>✓ Protects over 5 million children</li><li>✓ Proactive social media monitoring</li><li>✓ Set location alerts</li></ul>	Excellent ★★★★★ 9.2	<a href="#">Visit Site</a>		
1	Our Most Popular		<p><b>Aura</b> - Extensive parental controls that keep your family safe online <a href="#">Read Review</a></p> <ul style="list-style-type: none"><li>✓ Cyberbullying and predator alerts</li><li>✓ Block apps and limit screen time</li><li>✓ Breach alerts, Dark Web monitoring, VPN &amp; more</li><li>✓ Limited time offer: 60% off + free trial</li></ul>	Excellent ★★★★★ 9.5	<a href="#">Visit Site</a>	☎ 844-226-3104
3		<p><b>Qustodio</b> - Get full visibility with parental controls that keep your kids safe online <a href="#">Read Review</a></p> <ul style="list-style-type: none"><li>✓ 15% exclusive discount code for M&amp;L plans: Q15ML</li><li>✓ Manage &amp; limit screen time</li><li>✓ Monitor activity on social media</li></ul>	Very Good ★★★★★ 8.8	<a href="#">Visit Site</a>		
4		<p><b>mSpy</b> - Worry less with a proactive &amp; affordable phone tracker for parental control <a href="#">Read Review</a></p> <ul style="list-style-type: none"><li>✓ Monitor social media activity</li><li>✓ 14 days money-back guarantee</li><li>✓ Compatible with Android &amp; iOS devices</li></ul>	Good ★★★★★ 8.3	<a href="#">Visit Site</a>		
6		<p><b>FamilyKeeper</b> - Parental control app that ensures your kids are creating healthy digital habits <a href="#">Read Review</a></p> <ul style="list-style-type: none"><li>✓ View live location &amp; monitor social media</li><li>✓ Covers unlimited child devices</li><li>✓ Compatible with Android and iOS</li></ul>	Very Good ★★★★★ 8.7	<a href="#">Visit Site</a>		