



FIRST BAPTIST
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Growth Group Discussion Questions

August 29, 2021

Father's Don't Exasperate

Ephesians 6:1-4

1. What stood out to you from the sermon?
2. Compare and contrast how believers and unbelievers would answer the question: what is the goal of parenting?
3. Pastor Jason shared a few things that tend to exasperate our children: (1) our anger gets passed down to them in discipline; (2) when we put undue pressure on them; and (3) when we don't know them.
 - a. Which of these do you struggle with the most? Why?
 - b. When do you tend to get the angriest with your kids? Read Ephesians 4:26-27. What are some practical things we can do to live out these verses?
 - c. Why do so many parents put their identity in their kids? How can we do a better job of putting our identity and strength in Christ?
 - d. How can we balance fostering our kids' strengths and helping them grow without putting undue pressure on them?
 - e. How does knowing our kids help us better shepherd their hearts?
4. What are some examples of bad parents in the Bible? Good parents? What can we learn from these examples?
 - a. When we look to God as our Heavenly Father, what practical takeaways can we apply to our parenting?
5. Spend a few minutes praying for all the parents at FBC and in our community.