

Growth Group Discussion Questions March 6, 2022

Overcoming Shame Psalm 3

- 1. What stood out to you from the sermon?
- 2. Read 2 Samuel 2:10-14. What were some of the consequences of David's sin?
 - a. Even though David repented and God forgave him, his sin had consequences to him and others. How does it make you think that your sins don't just affect you but can affect other people?
 - b. Read Hebrews 12:3-11. Why does God not permanently remove the consequences of our sins, even after we've repented?
- 3. What are some things the shame of sin can blur for us (for example, the ability to parent or act righteously)?
 - a. How does the shame blur those things (for example, how does it blur our ability to parent, etc.)?
- 4. Is it hard not to abandon a friend because of sin? Why or why not?
 - a. We heard about Ittai sticking with David during this time (2 Samuel 15). Share a time when you have seen someone stick by a friend who has sinned.
 - b. What does it look like to be a friend and not just accept the sin?
- 5. Read Psalm 3:3-4. How does God respond to David?
 - a. Read Hebrews 12:2. Consider for a moment the shame Jesus entered (our shame) because of the joy on the other side. How does that impact you today?